

# Cook & Eat



Free cookery sessions at the Beethoven Centre and around the neighbourhood

Learn how to cook tasty inexpensive dishes every week with healthy cook Robin Matheson

**Friendly, free and open to all**

**Mondays at 1.30pm at the Beethoven Centre on**

6 July, 7 September, 5 October, 2 November, 7 December, 11 January, 1 February, 1 March

